



© D. Migliani - LPO Hérault - European Bee-eater / Vespadier

Where to Watch Birds

in Haut-Languedoc Parc naturel - France
Parque natural regional de Lengadòc Naut



The Haut-Languedoc Parc naturel regional has Mediterranean, Atlantic and Mountain influences that have had an impact on the areas' landscape, wildlife, culture and history. 247 bird species have been recorded in the Parc to date; they're resident or migratory, inhabitants of the countryside, towns, mountains, forests, cliffs, ubiquitous, Mediterranean...

They symbolise what a great variety of wildlife occurs within Haut-Languedoc Parc naturel regional, witness to its biodiversity and the Parc authorities commitment to its preservation for the greatest pleasure for our villages, gardens and we hope, visitors.



Birds in the Haut-Languedoc regional natural Park

FOREST SPECIES



© D. Alquier - LPO Tarn



© A. Calvet - LPO Tarn

Marsh Tit / *Mongget*



© C. Aussaguel - LPO Tarn

Black Woodpecker / *Picatès*

A large part of the Haut-Languedoc is covered by forest. Depending on the altitude, the soil types, the climate and human activity, we can find beech groves and artificial plantations of conifers at high altitude, oak and chestnut groves on the slopes of the valleys, and holm oak forests in the Mediterranean area. Among the different species living in these areas, we can spot the **Crested Tit** and the **Common Crossbill** in the coniferous forests, the **Black Woodpecker** in the mountains and, more commonly, the **Marsh Tit**, the **Firecrest** and the **Short-toed Tree-creeper**. The **Bonelli's Warbler** is attracted to the sunny, low lying oak and pine woodlands.

UPLANDS SPECIES



© LPO Hérault



© D. Alquier - LPO Tarn

Alpine Accentor / *Cercavòra aupin*



© A. Calvet - LPO Tarn

Alpine Swift / *Balestrièr*

Cliffs and rocky environments are to be found across the Haut-Languedoc region and include the limestone cliffs of Minervois, the shale and granite Massif of Caroux, the outcrops jutting over the valleys of the Lacaune mountains and the Black Mountain... Such environments attract the **Peregrine** (rare), the **Golden Eagle** (very rare), the **Eagle Owl** (rare), the **Raven**, the **Crag Martin** and, in winter, the **Wallcreeper** and the **Alpine Accentor**. The **Red-rumped Swallow** (very rare), the **Alpine Swift** and the **Blue Rock Thrush** can be seen in the Mediterranean area.

Birds in the Haut-Languedoc regional natural Park

SPECIES FROM THE LANDES MOORS AND GRASSY AREAS



© A. Calvet - LPO Tarn



© C. Aussaguel - LPO Tarn

Red-backed Shrike/*Margassa comuna*



© C. Aussaguel - LPO Tarn

Skylark/*Lauseta*

Some species common to the Haut-Languedoc prefer natural habitats like the moors covered in heather and broom and dry, grassy areas. These include the **Subalpine Warbler** and other skylarks and the discreet **Red-backed Shrike**.

MEDITERRANEAN SPECIES



© BNRHL - A. Guillaume



© C. Rambal

Hoopoe/*Puput*



© C. Aussaguel - LPO Tarn

European-Bee-eater/*Vespadier, Abelhòla*

From the *garrigue* scrubland to the limestone hillsides, the Mediterranean environment is today shaped by the culture of vines which makes the most of the wonderful sunny terroir. Between the fragrance of thyme and the sea, you can find the **European Bee-eater**, the **Roller** and the **Hoopoe**.

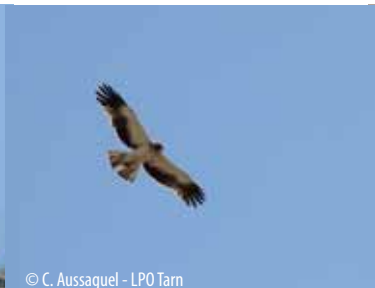
Birds in the Haut-Languedoc regional natural Park

SPECIES DURING MIGRATION



© C. Aussaguel - LPO Tarn

Montagu's Harrier/*Göila blanca*



© C. Aussaguel - LPO Tarn

Booted Eagle/*Agla calçat*



© Lopes - LPO Hérault

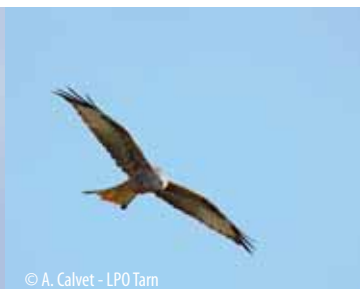
Short-toed Eagle/*Paire-blanc*

The end of summer and the beginning of autumn are excellent moments to observe bird migration in the Haut-Languedoc region. From mid August to the end of October, many birds of prey can be seen, as well as a few **Black Stork**. The **Honey Buzzard** and the **Black Kite** are the most common (August-September). The **Red Kite**, the **Marsh Harrier** and the **Montagu's Harrier**, the **Osprey**, the **Booted Eagle**, the **Short-toed Eagle**, and the **Hobby** are regular visitors. The **Griffon Vulture** is frequently seen, especially during the summer, while the **Black Vulture**, the **Golden Eagle** and the **Eleonora's Falcon** are much rarer (but are regular visitors, especially in the Lacaune mountains).



© A. Calvet - LPO Tarn

Black Kite/*Nibla*



© A. Calvet - LPO Tarn

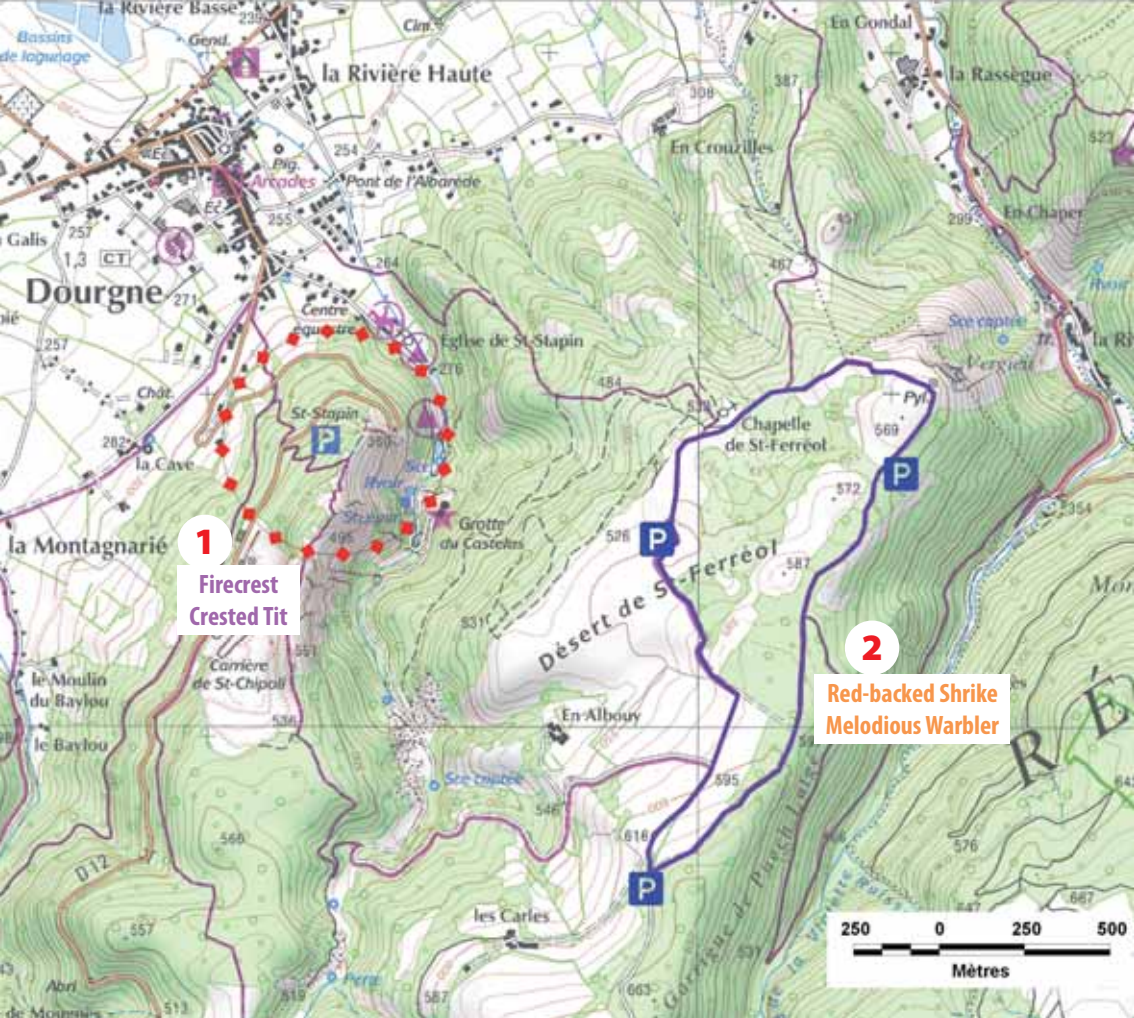
Red Kite/*Coaforcat*







© C. Aussaguel - LPO Tarn

Griffon Vulture/*Voltoràs*

Alpine Accentor	p. 2, 6, 12, 18	Melodious Warbler	p. 6, 10, 12, 16, 20
Alpine Swift	p. 2, 16	Merlin	p. 22
Black Kite	p. 4, 8, 12, 16, 20, 22	Montagu's Harrier	p. 4, 6, 10, 12
Black Stork	p. 4, 12	Nightingale	p. 8
Black Vulture	p. 4, 12	Nightjar	p. 6, 8
Black Woodpecker	p. 2	Nuthatch	p. 20
Blue Rock Thrush	p. 2, 16, 18	Orphean Warbler	p. 16
Bonelli's Warbler	p. 2, 8, 20	Ortolan Bunting	p. 16
Booted Eagle	p. 4, 8, 12, 22	Osprey	p. 4, 12, 22
Cattle Egret	p. 8	Peregrine	p. 2
Common Buzzard	p. 16, 22	Quail	p. 6
Common Crossbill	p. 2	Raven	p. 2
Corn Bunting	p. 16	Red Kite	p. 4, 12, 22
Crag Martin	p. 2	Red-backed Shrike	p. 3, 6, 7, 10, 12, 20
Crested Tit	p. 2, 6, 10, 20	Red-rumped Swallow	p. 2
Eagle Owl	p. 2	Rock Sparrow	p. 16
Eleonora's Falcon	p. 4, 12	Roller	p. 3
European Bee-eater	p. 1, 3, 12, 16, 17	Sardinian Warbler	p. 8, 18, 19
Firecrest	p. 2, 6, 8, 10, 20	Scops Owl	p. 16, 18
Goldcrest	p. 14, 18, 20	Serin	p. 8, 10, 11
Golden Eagle	p. 2, 4, 12, 18	Short-toe Treecreeper	p. 2, 6, 10, 20
Golden Oriole	p. 8, 16	Short-toed Eagle	p. 4, 6, 8, 9, 10, 12, 16, 18, 22, 23
Goshawk	p. 22	Stone Curlew	p. 8
Great Spotted Cuckoo	p. 16	Subalpine Warbler	p. 3, 6, 8, 16
Griffon Vulture	p. 4, 12, 18, 20, 21, 22	Tawny Pipit	p. 8, 16
Hen Harrier	p. 6, 10, 12, 22	Wallcreeper	p. 2, 6, 16, 18
Hobby	p. 4, 22	White Stork	p. 12
Honey Buzzard	p. 4, 6, 10, 12, 13, 16, 22	White-winged Snowfinch	p. 18
Hoopoe	p. 3, 8, 16	Woodchat Shrike	p. 16
Lesser Spotted Woodpecker	p. 8, 10	Woodlark	p. 8, 10
Marsh Harrier	p. 4, 12, 22	Wryneck	p. 20
Marsh Tit	p. 2, 6, 10		



 **Observation Area**
 **Trail**
 **Car park**


 N

Source : © IGN 2007, PNR HL LPO ; Réalisation : SE, PNRHL, 2013

La Capelette (Désert de Saint-Ferréol) is a sensitive area. Please keep to public rights of way and public land during your visit.

See areas map on p.14-15

>> Birds to be seen

■ Spring and summer
 ■ Winter
 ■ Resident

1 Firecrest, Crested Tit, Short-toed Eagle, Honey Buzzard, Alpine Accentor, Wallcreeper, Marsh Tit, Short-toed Treecreeper

2 Red-backed Shrike, Melodious Warbler, Short-toed Eagle, Honey Buzzard, Hen Harrier, Montagu's Harrier, Subalpine Warbler, Nightjar, Quail



La Capelette (Désert de Saint-Ferréol) - Dourgne

Holiday cottages

Le Moulin Bas



Philippe HERLIN
81110 Verdalle
☎ 00 33 563 986 076

contact@moulin-bas.com

Gîte Le Mouscaillou



Mauna et Eric ALEXANDRE
La Blancarié - 81290 Escoussens
☎ 00 33 563 502 186 - ☎ 00 33 688 880 804

marinaalexandre39@gmail.com
<http://lemouscaillou.free.fr>



B&Bs

Chambres d'hôtes Les Peyrounells



Françoise CORCELLE
81110 Dourgne
☎ 00 33 563 742 987

fr.corcelle@wanadoo.fr
www.lespeyrounells.com

Hotel

La Montagne Noire Hotel-Restaurant



Monsieur GELY
15 place des promenades - 81110 Dourgne
☎ 00 33 563 503 112

hotel.restaurant.montagne.noire@wanadoo.fr
www.hotelmontagnenoire.net



Red-backed Shrike/*Margassa comuna*

© C. Aussaguel - LPO Tarn

Tourist offices

Aux sources du Canal du midi tourist office

Halle Centrale - Place Philippe VI de Valois
31250 Revel

☎ 00 33 534-666 768

contact@tourisme-revel.com

<http://www.revel-lauragais.com>

Pays de Dourgne tourist office

1 rue du Maquis - 81110 Dourgne

☎ 00 33 563 742 719

contact@paysdedourgne-tourisme.com

<http://www.paysdedourgne-tourisme.com>

Labruguière tourist office

Place de l'Hôtel de Ville - 81290 Labruguière

☎ 00 33 563 501 721

<http://www.ville-labruguiere.com>

tourisme@ville-labruguiere.com

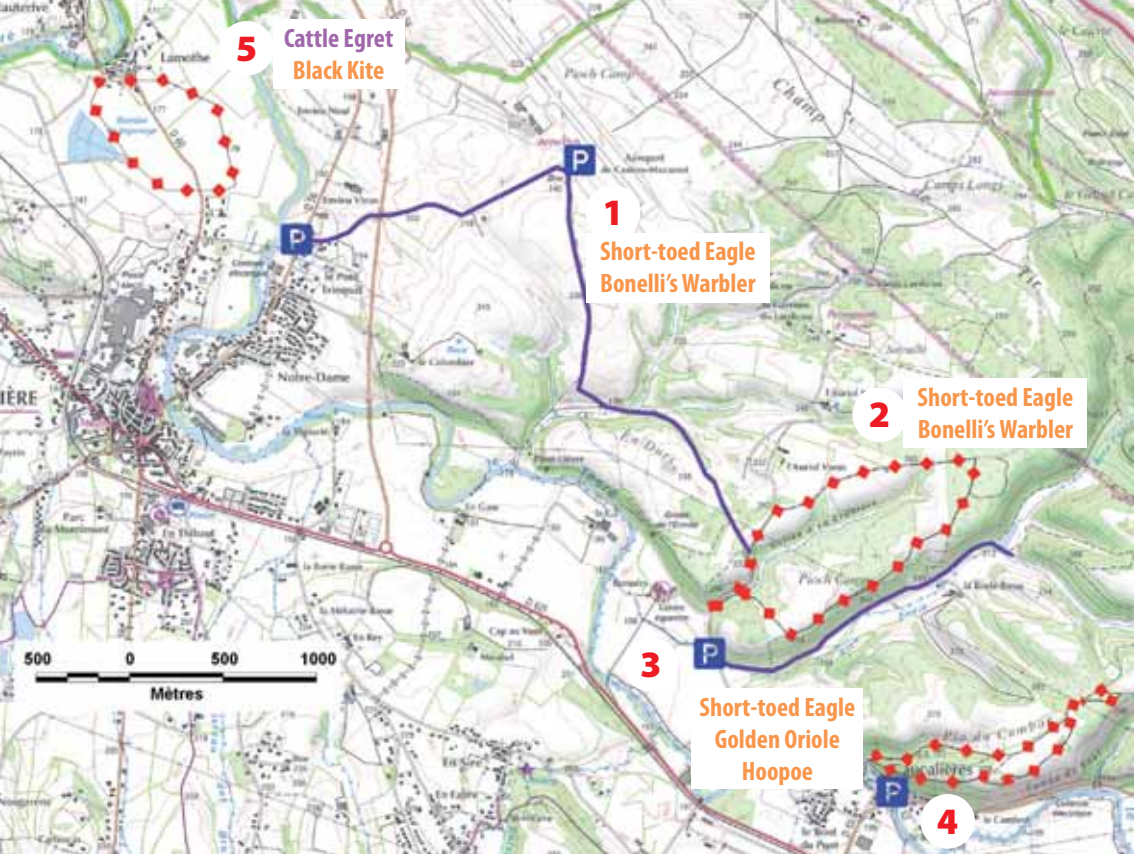
Sorèze Saint-Ferréol tourist office

Rue Saint-Martin BP 18 - 81540 Sorèze

☎ 00 33 563 741 628

tourisme@ville-soreze.fr

<http://www.ville-soreze.fr>



5 Cattle Egret
Black Kite

1 Short-toed Eagle
Bonelli's Warbler

2 Short-toed Eagle
Bonelli's Warbler

3 Short-toed Eagle
Golden Oriole
Hoopoe

4

Observation Area
 Trail
 Car park
 N

Source : © IGN 2007, PNR HL LPO - Réalisation : SE, PNRHL, 2011

Le Causse de Caucalières is a protected area (Natura 2000). Please keep to public rights of way and public land during your visit.

See areas map on p.14-15

>> Birds to be seen

Spring and summer **Resident**

1 Short-toed Eagle, Bonelli's Warbler (south), Sardinian Warbler (south), Hoopoe, Booted Eagle, Black Kite, Stone Curlew, Subalpine Warbler(south), Woodlark, Tawny Pipit, Serin

2 Short-toed Eagle, Bonelli's Warbler, Sardinian Warbler, Hoopoe, Booted Eagle, Stone Curlew, Subalpine Warbler, Nightjar, Woodlark, Tawny Pipit, Firecrest, Serin

3 Short-toed Eagle, Golden Oriole, Hoopoe, Booted Eagle, Woodlark, Lesser Spotted Woodpecker, Nightingale, Firecrest, Serin

4 Short-toed Eagle, Bonelli's Warbler, Golden Oriole, Sardinian Warbler, Hoopoe, Booted Eagle, Black Kite, Subalpine Warbler, Nightjar, Woodlark, Nightingale, Firecrest, Serin

5 Cattle Egret, Black Kite

Causse de Caucalières - Labruguière

Hotel

Le Boulevard Hotel-Restaurant



Monsieur FARGUES
24 Boulevard Soult - 81200 Mazamet
☎ 00 33 563 611 608

www.hotel-restaurant-mazamet.com

Holiday cottages

Alain PUECH et Madame VEAUTE-BORDES



La rive
81200 Aigüefonde
puech.alain@gmail.com

3 ears

Gîte de Marican



Eric BASCOUL
81660 Pont-de-l'Arn
☎ 00 33 610 012 024
gite-de-marican@neuf.fr



Tourist offices

Labruguière tourist office

Place de l'Hôtel de Ville - 81290 Labruguière
☎ 00 33 563 501 721
<http://www.ville-labruguiere.com>
tourisme@ville-labruguiere.com

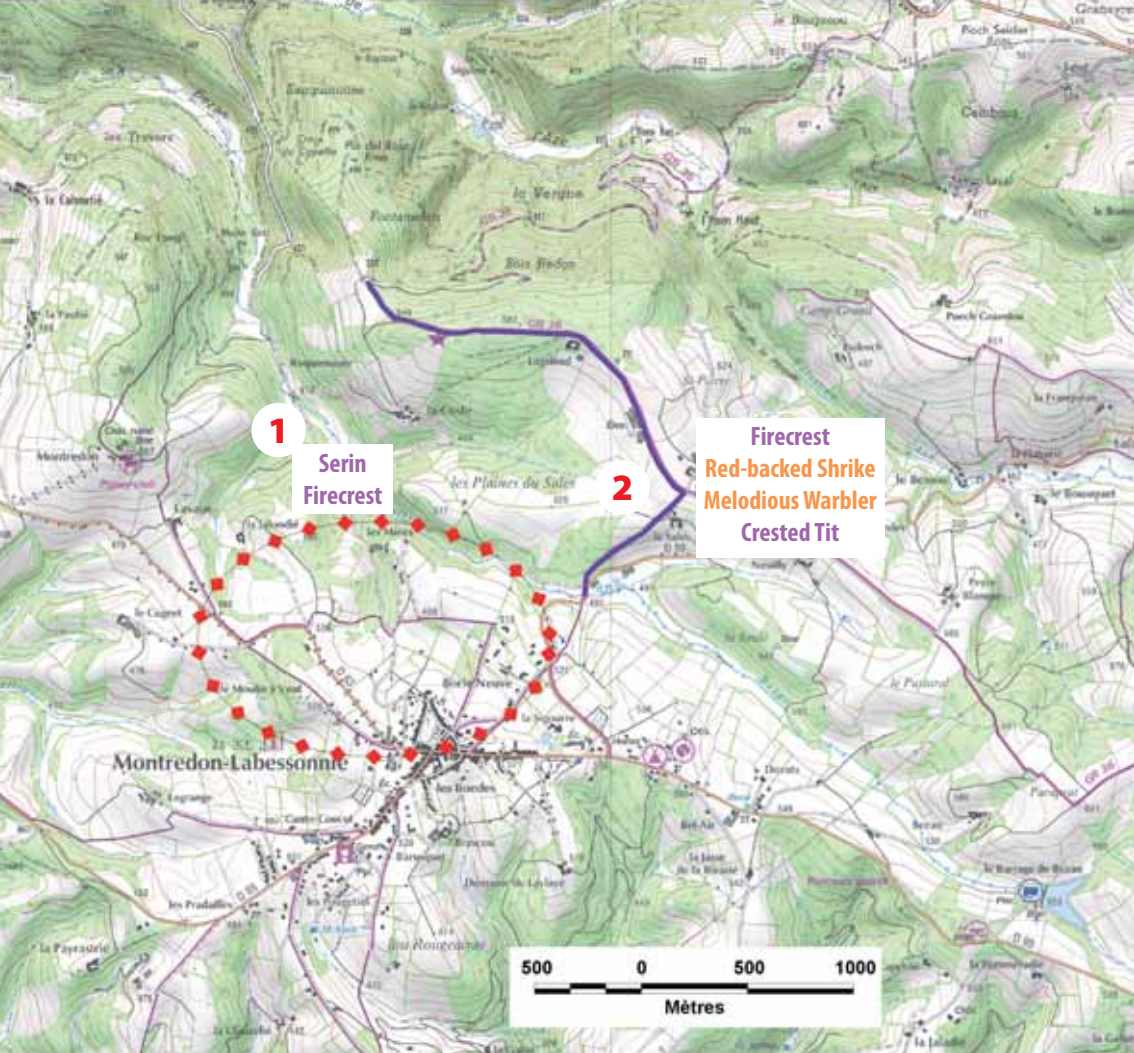
Mazamet Tourist office


Maison des mémoires
Rue des casernes - 81200 Mazamet
☎ 00 33 563 612 707
www.tourisme-mazamet.com
office-tourisme.mazamet@imsnet.fr



Short-toed Eagle/Paire-blanc

© C. Aussaguel - LPO Tam



 **Observation Area**
 **Trail**

N

Source : © IGN 2007, PNR HL, LPO ; Réalisation : SE, PNRHL, 2013

Please keep to public rights of way and public land during your visit.

See areas map on p.14-15

>> Birds to be seen

 **Spring and summer**  **Resident**

1 Serin, Firecrest, Marsh Tit, Short-toed Treecreeper, Woodlark, Lesser Spotted Woodpecker

2 Firecrest, Red-backed Shrike, Melodious Warbler, Crested Tit, Short-toed Eagle, Honey Buzzard, Hen Harrier, Montagu's Harrier, Marsh Tit, Short-toed Treecreeper, Woodlark, Lesser Spotted Woodpecker



Holiday cottage

Granquié Panda Holiday cottage



Martine PAGÈS
Granquié - 81360 Montredon-Labessonnié
☎ 00 33 563 751 392



www.gites-granquie.com
pages.martine2@orange.fr

2 cottages : 2 ears/3 bedrooms/7 people
and 3 ears/2 bedrooms/6 people

Tourist office

Pays Montredonnais tourist office

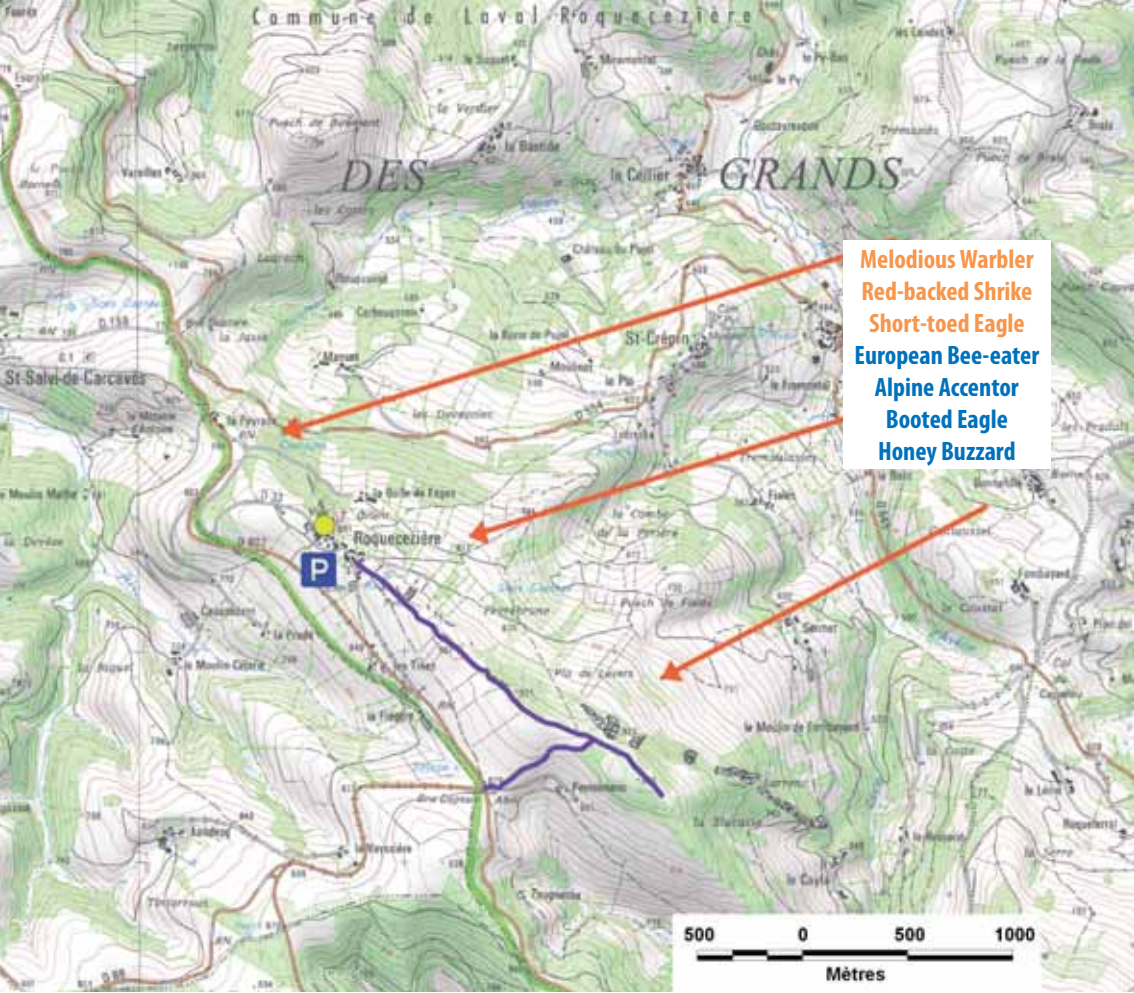
2, avenue des Pyrénées
81360 Montredon-Labessonnié
☎ 00 33 563 705 291
otpaysmontredonnais@hotmail.fr

Other activities

Planetarium-astronomical observatory

Route de Lacaune
81360 Montredon-Labessonnié
☎ 00 33 563 756 312
planetarn@wanadoo.fr





- Melodious Warbler
- Red-backed Shrike
- Short-toed Eagle
- European Bee-eater
- Alpine Accentor
- Booted Eagle
- Honey Buzzard

● Observation post for autumn migration
→ Main migration corridors
— Trail
P Car park

N

Source : © IGN 2007, PNR HL, LPO ; Réalisation : SE, PNRHL, 2011

Situated where the Haut-Languedoc and Grands-Causse Parc naturels régionaux meet, the "crêtes de Roquecèzière" or Roquecèzière ridges are favourable for watching autumn migration, particularly that of birds of prey.

>> Birds to be seen

- Spring and summer
- Migration

Honey Buzzard, Black Kite, Red Kite, Osprey, Marsh Harrier, Montagu's Harrier, Short-toed Eagle, Booted Eagle, Eleonora's Falcon, Black Stork, White Stork, European Bee-eater, Alpine Accentor, Griffon Vulture, Black Vulture, Golden Eagle, Short-toed Eagle, Hen Harrier, Melodious Warbler, Red-backed Shrike

The best period : early August to mid-October with raptor passage at its best from late August to mid-September.

Very often migrants pass in the morning, movement dying in the early afternoon.

The site also allows for a spectacular panoramic view over the southern Aveyron and the Monts de Lacaune.

See areas map on p.14-15

Migration : Laval - Roquecézière

Hotels

Relais de Fusies Hotel ***



Renaud JEANNE

2, rue de la République - 81230 Lacaune

☎ 00 33 563 370 203

contact@hotelfusies.fr

www.hotelfusies.fr

Claude Calas Hotel-Restaurant**



4 place de la Vierge - 81230 Lacaune

☎ 00 33 563 370 328

hotelcalas@wanadoo.fr

www.pageloisirs.com/calas

Holiday cottages

Domaine le Clôt



Monsieur GRONERT

Les Vidals - 81230 Lacaune

☎ 00 33 563 370 359

campingleclot@orange.fr

www.pageloisirs.com/le-clot/

2 ears

Centre de vacances du Ministère de l'écologie



Audrey GALIA

Rue Bel Air - 81230 Lacaune

☎ 00 33 140 819 600

serge.grimaud@i-carre.net

www.cgcv.org

2 ears - 13 rooms



Honey Buzzard / *Vespatière*

© D. Alquier - LPO Tarn

Tourist office

Lacaune-les-Bains

Place Général de Gaulle

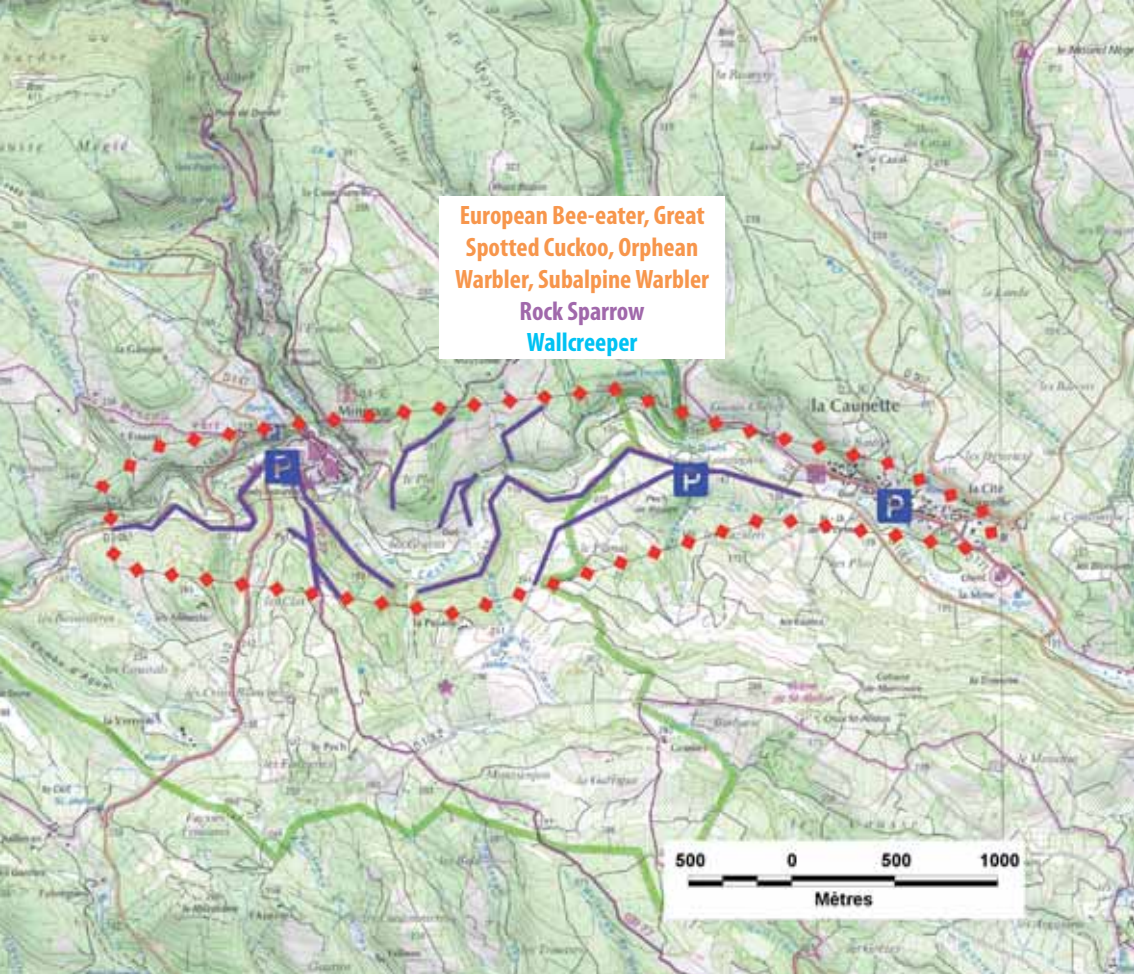
81230 Lacaune les Bains

0033 563 370 498

office-tourisme@lacaune.com

www.lacaune.com





European Bee-eater, Great Spotted Cuckoo, Orphean Warbler, Subalpine Warbler, Rock Sparrow, Wallcreeper

Observation Area
 Trail
 Car park

Source : © IGN 2007, PNR HL LPD ; Réalisation : SE, PNRHL, 2013

Minerve et la Caunette are protected areas (Natura 2000). Please keep to public rights of way and public land during your visit.

See areas map on p.14-15

>> Birds to be seen

Spring and summer
 Resident
 Winter

European Bee-eater, Great Spotted Cuckoo, Orphean Warbler, Subalpine Warbler, Ortolan Bunting, Short-toed Eagle, Hoopoe, Golden Oriole, Alpine Swift, Scops Owl, Woodchat Shrike, Honey Buzzard, Black Kite, Melodious Warbler, Tawny pipit, Rock Sparrow, Blue Rock Thrush, Corn Bunting, Common Buzzard, Wallcreeper

Holiday cottages

Cartouyre



Aline VIGUIER
34220 Saint-Pons-de-Thomières
☎ 00 33 467 971 671

www.cartouyre.fr
viguier.pierre@gmail.com

Gîte de séjour des Rescousses



Maryse et Jean-François SALVO-ROUX
Hameau des Cousses

34220 Rieussec
☎ 00 33 467 971 512
rouxje@west-telecom.com
www.res-cousses.com



© D. Migliani

European Bee-eater / Vespadièr

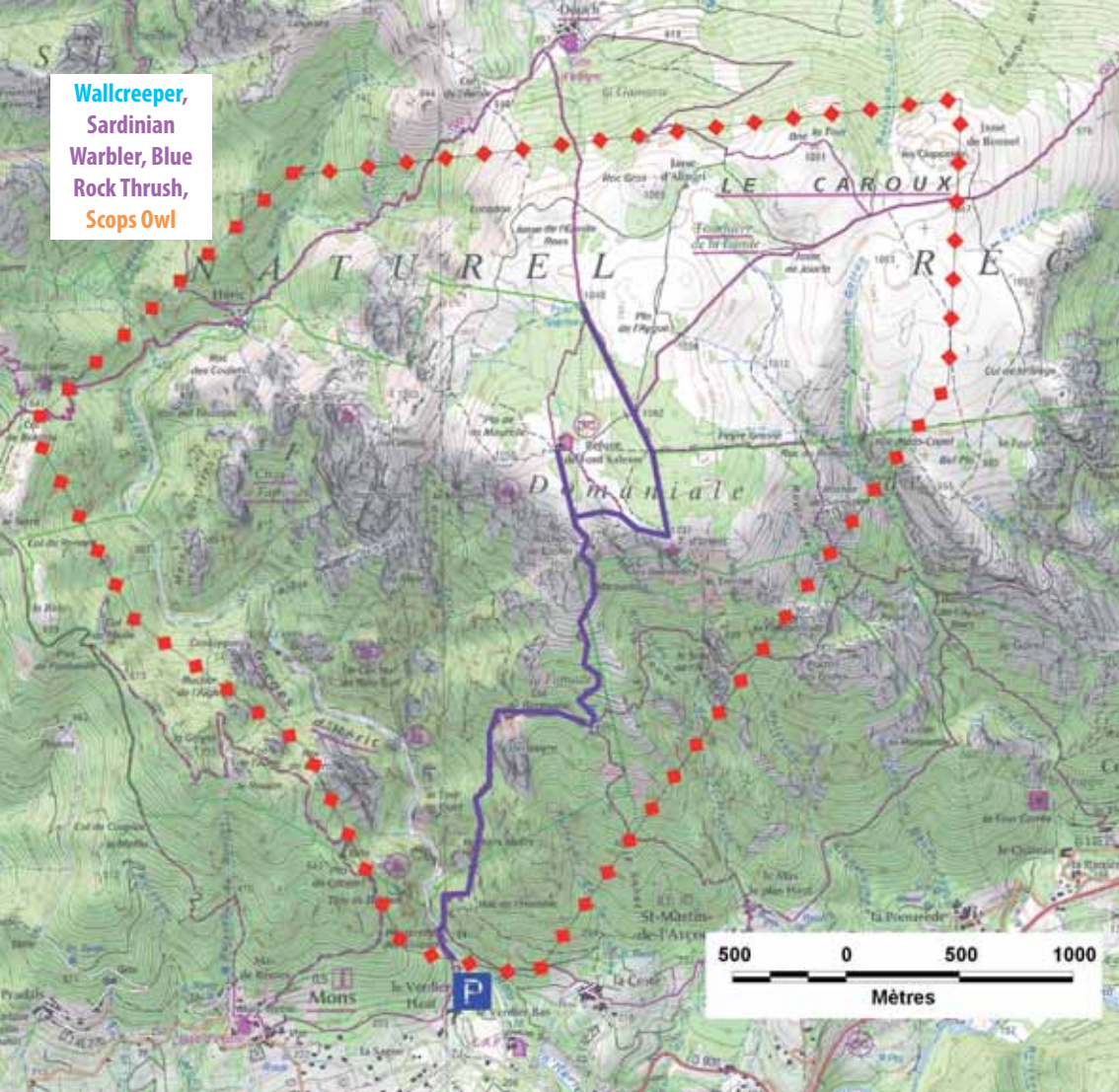
Tourist office

Le Minervois Tourist office

9, rue des Martyrs - 34210 Minerve
☎ 00 33 468 918 143
minervois.accueil@orange.fr
www.minerve-tourisme.com



Wallcreeper,
Sardinian
Warbler, Blue
Rock Thrush,
Scops Owl



 **Observation Area**
 **Trail**
 **Car park**


 N

Source : © IGN 2007, PNR HL, LPO ; Réalisation : SE, PNRHL, 2011

Please keep to public rights of way and public land during your visit.

See areas map on p.14-15

>> Birds to be seen

 Spring and summer
  Resident
  Winter

Short-toed Eagle, Rock Thrush, Scops Owl, Sardinian Warbler, Blue Rock Thrush, Griffon Vulture, Goldcrest, Golden Eagle, Wallcreeper, Alpine Accentor, White-winged Snowfinch

Holiday cottages

Le Caroux Panda holiday cottage



Marie-Noëlle MAGNALDI
Hameau de Douch - 34 610 Rosis
☎ 00 33 467 952 141



www.gites-caroux.com
gitescaroux.com@wanadoo.fr
1 cottage : 2 ears/1 bedroom/4 people

Les terrasses du Caroux



Christophe and Arielle ROMBEAUX
Le Verdier haut - 34 390 Mons-La-Trivalle
☎ 00 33 467 950 068



www.leterrassesducaroux.fr
christophe.rombeaux@orange.fr
B&B 3 ears : 3 bedrooms
Dinner with hosts



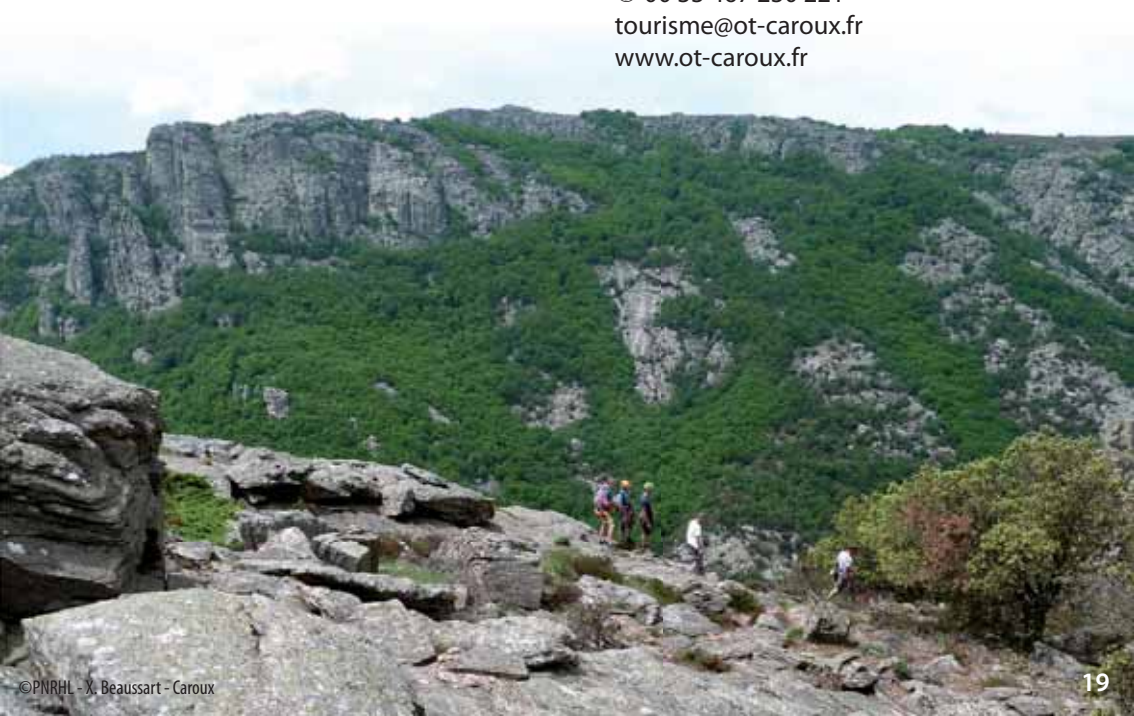
Sardinian Warbler / *Bartairòl de cap negre*

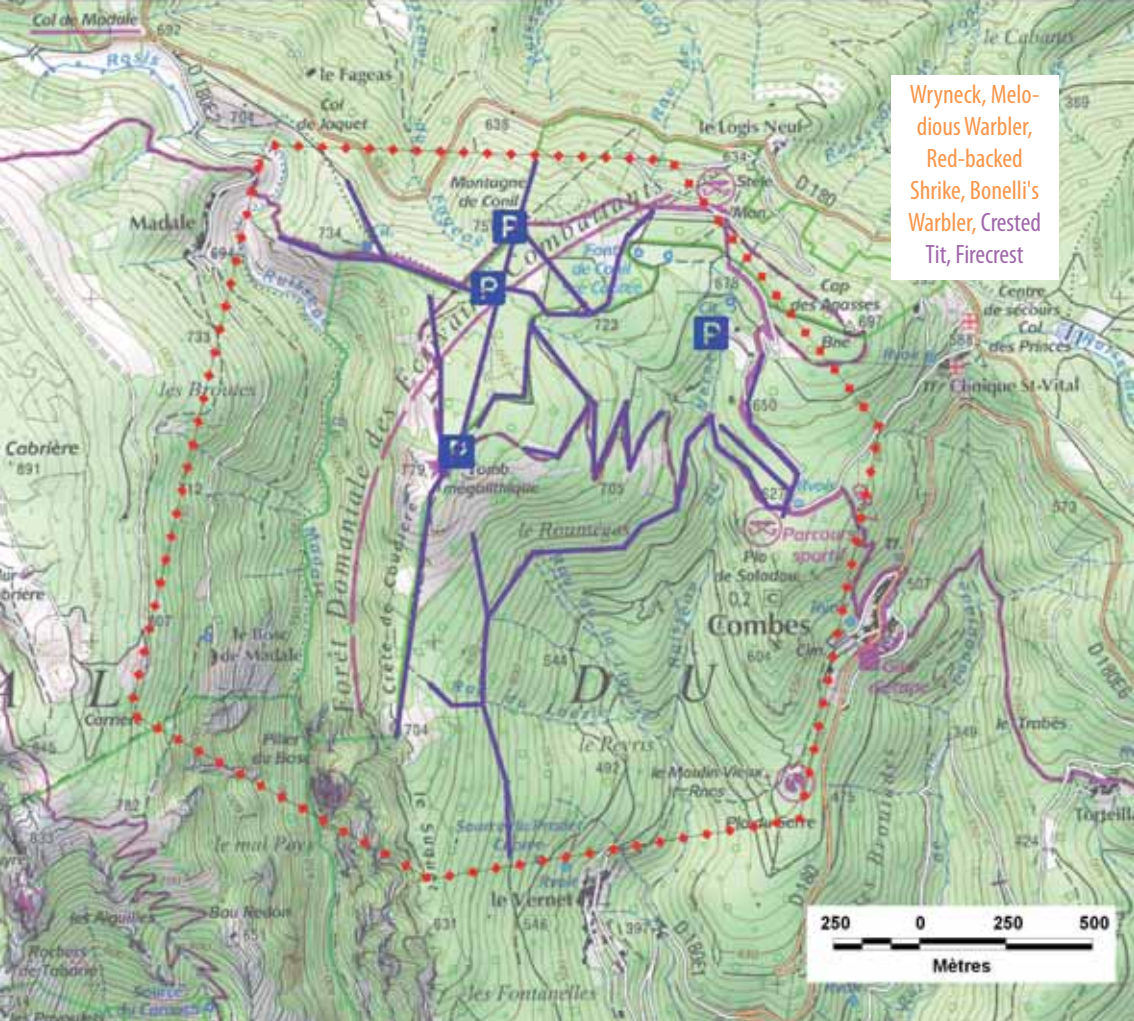
© P. Peratta

Tourist office

Caroux en Haut-Languedoc tourist office

Chemin des pialettes - 34 390 Olargues
☎ 00 33 467 230 221
tourisme@ot-caroux.fr
www.ot-caroux.fr





Wryneck, Melodious Warbler, Red-backed Shrike, Bonelli's Warbler, Crested Tit, Firecrest

 **Observation Area**
 **Trail**
 **Car park**

N


Source : © IGN 2007, PNR HL, LPD ; Réalisation : SE, PNRHL, 2011

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See areas map on p.14-15

>> Birds to be seen

■ Spring and summer
 ■ Resident

Melodious Warbler, Red-backed Shrike, Bonelli's Warbler, Black Kite, Wryneck, Crested Tit, Firecrest, Short-toe Treecreeper, Griffon Vulture, Goldcrest, Nuthatch

Forêt des écrivains combattants

Holiday cottages

Le Château



Thérèse SALAVIN
34390 Colombières-sur-Orb

☎ 00 33 467 956 362

☎ 00 33 612 789 185

chateaulomb@wanadoo.fr

www.gites-de-charme-languedoc.com

Douch



Mairie DE ROSIS
34610 ROSIS

☎ 00 33 467 236 073

mairie.rosis@wanadoo.fr

www.rosis-languedoc.com



Griffon Vulture / Voltoràs

© C. Aussaguel - LPO Tam

Tourist offices

Caroux en Haut-Languedoc tourist office

(Olargues, Mons la Trivalle, Roquebrun)

Chemin des pialettes - 34 390 Olargues

☎ 00 33 467 230 221

tourisme@ot-caroux.fr

www.ot-caroux.fr

Lamalou-les-Bains tourist office

1 avenue Capus

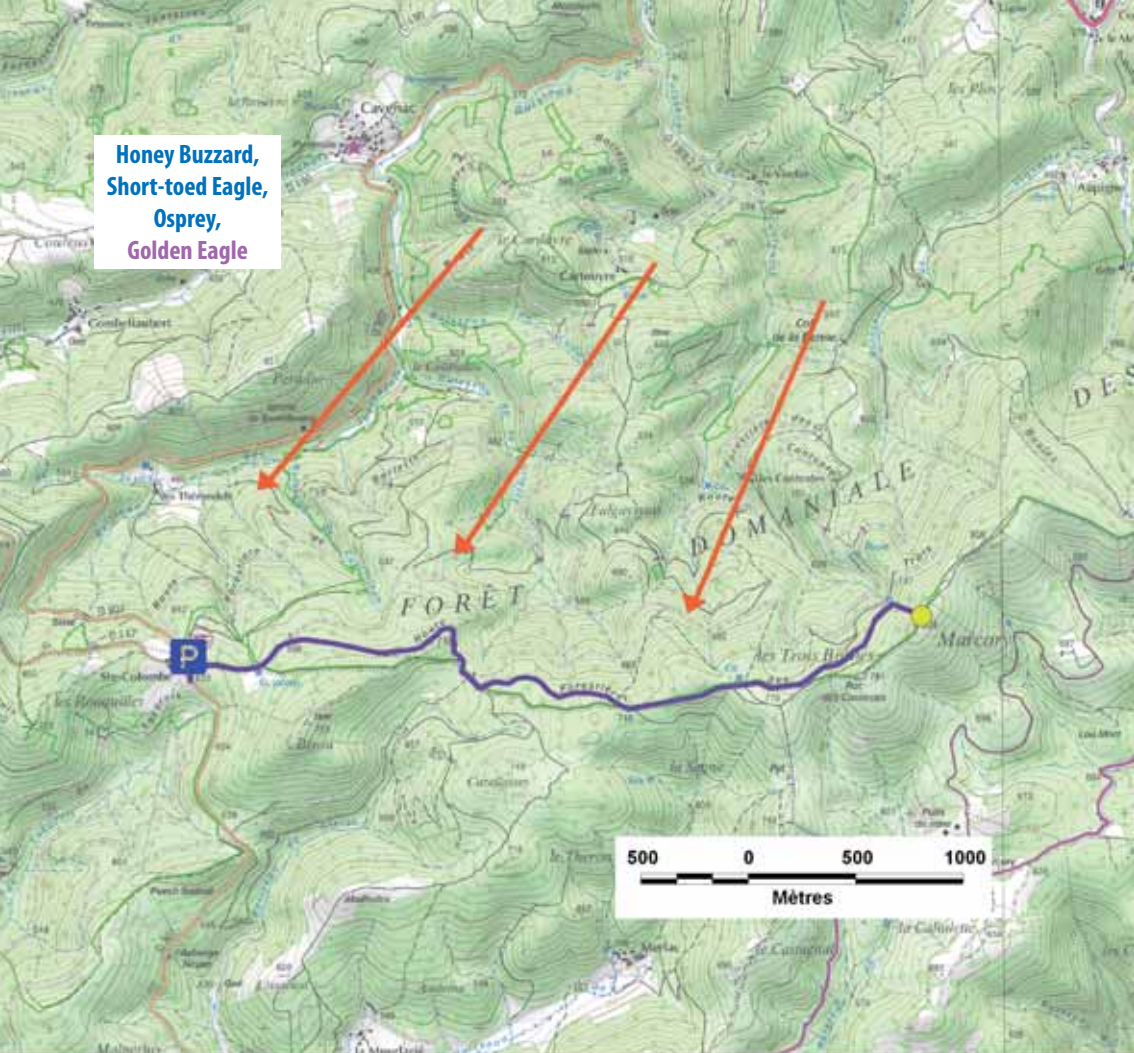
☎ 00 33 467 957 091

www.ot-lamaloulesbains.fr

omt.lamalou@wanadoo.fr



**Honey Buzzard,
Short-toed Eagle,
Osprey,
Golden Eagle**



- Observation post of autumn migration
- ← Main migration corridors
- Trail
- P Car park

Source : © IGN 2007, PNR HL, LPO ; Réalisation : SE, PNRHL, 2011

Please keep to public rights of way and public land during your visit.

See areas map on p.14-15

>> Birds to be seen

■ Migration ■ Resident

Honey Buzzard, Short-toed Eagle, Booted Eagle, Black Kite, Goshawk, Osprey, Hen Harrier, Griffon Vulture, Common Buzzard, Marsh Harrier, Hobby, Merlin, Red Kite, Golden Eagle

Migration : Col de Sainte-Colombe

Holiday cottages

Le four à chaux



Jean-Pierre ROUANET
34220 Courniou-les-Grottes
☎ 00 33 467 970 951

lefourachaux.free.fr

3 ears : 3 bedrooms - 5 people

La Métairie Basse



Eliane et Jean-Louis LUNES
Prouilhe
34220 Saint-Pons-de-Thomières

☎ 00 33 467 972 159

www.metairie-basse.com

info@metairie-basse.com

Cartouyre



Aline VIGUIER
34220 Saint-Pons-de-Thomières
☎ 00 33 467 971 671

www.cartouyre.fr

viguier.pierre@gmail.com

Gîte de séjour des Rescousses



Maryse et Jean-François SALVO-ROUX
Hameau des Cousses - 34220 Rieussec
☎ 00 33 467 971 512

rouxje@west-telecom.com

www.res-cousses.com



© JLB Delauney - LPO Hérault

Short-toed Eagle / Paire-blanc

Tourist office

Pays du Saint-Ponais tourist office

Place du Foirail
34220 Saint-Pons-de-Thomières
☎ 00 33 467 706 665
contact@saint-pons-tourisme.com
www.saint-pons-tourisme.com

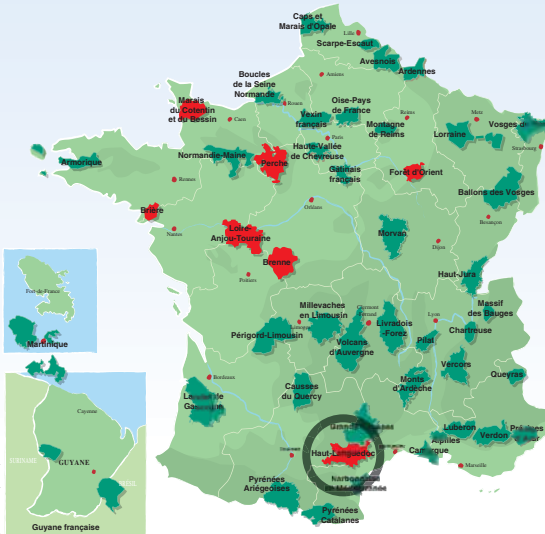
Haut-Languedoc regional nature Park

Pargue natural regional de Lengadòc Naut

1 Place du Foirail - BP
34220 Saint-Pons-de-Thomières
☎ 00 33 467 973 822
accueil@parc-haut-languedoc.fr
www.parc-haut-languedoc.fr

League for the Protection of Birds (LPO)

Dans le Tarn : tarn@lpo.fr / www.tarn.lpo.fr
www.faune-tarn-aveyron.org
Dans l'Hérault : <http://herault.lpo.fr/>



■ Park offers a series title "Where to watch birds (and other wildlife) in Parc naturel régional"



Arriving by ROAD

- **From Toulouse :**
N126 direction Castres, Mazamet, Saint-Pons-de-Thomières
- **From Montpellier :**
A9 autoroute towards Barcelona, exit 36 Castres, Mazamet
- **From Clermont-Ferrand :**
A75 autoroute towards Montpellier-Béziers, exit Castres, Mazamet, Saint-Pons-de-Thomières

Arriving by AIR

- **Béziers airport :**
from Luton, Bristol
- **Carcassonne airport :**
from London, Liverpool, Nottingham, Leeds, Glasgow
- **Montpellier airport :**
from London
- **Toulouse airport :**
from London, Bristol

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